

# Losar Mahakala Practice at KDK



## Losar Mahakala Practice

**February 23<sup>rd</sup> – 28<sup>th</sup> 2025 at KDK, 1892  
Fell St., San Francisco**

February 23<sup>rd</sup> (Sun.) – Torma Day

February 24<sup>th</sup> – 27<sup>th</sup> (Mon.-Thur.) – Practice  
Days

February 28<sup>th</sup> (Fri.) – Conclusion (Tibetan New  
Year)

The Six-Armed Wisdom Protector Mahakala is the authentic protector for Buddhism. Many centuries ago, the Indian Mahasiddha Shavaripa was practicing Mahamudra in a cave when suddenly he had a vision of Mahakala and his retinue together with lightning flashes and thunder, and all sorts of magical forms of sight and sound. Mahakala then gave the empowerment, sadhana, and transmission directly to Shavaripa. This was then passed on

to Maitripa, and then to the Tibetan master Kyungpo Naljor who brought this transmission to Tibet. This lineage continued to Mokchokpa, and eventually to the Lord of Refuge, His Holiness Kalu Rinpoche Rangjung Kunyab, who gave this empowerment to his disciple Lama Lodu Rinpoche on several occasions. Now, in the West, Rinpoche is the eldest disciple of His Holiness Kalu Rinpoche Rangjung Kunyab and spent a long time with His Holiness during his lifetime.

Every New Year, Lama Lodu Rinpoche along with the Three-Year Retreat lamas perform the extensive Mahakala ritual practice at KDK San Francisco. Sometimes it is performed according to the Western or Eastern calendars, depending on Rinpoche's schedule, but this year, it will be performed according to the Eastern calendar from Feb. 23<sup>rd</sup> 2025 and concluding on Losar, the Tibetan New Year, on Feb 28<sup>th</sup>. This is an opportunity to clear away all the negative energy and challenging obstacles that arose over the past year; and to enjoin the Wisdom Protector to perform his three-fold activity--subduing, protecting, relieving the suffering of poverty and removing the obstacles encountered during one's practice. This practice will also clarify the activity and remove the obstacles of all the great masters who are performing the activity for all sentient beings-- we pray that His Holiness the Dalai Lama, His Holiness the 17<sup>th</sup> Karmapa Ogyen Trinley Dorje, and all the lineage holders have long life, prosperity and freedom from obstacles.

Everyone is encouraged to submit the names of deceased parents and friends, as well as of those encountering difficulties in this lifetime; this practice will truly benefit them. The public may sit for any length of time during the practice and absorb the blessings. Everyone is invited to make offerings and their assistance in support of this event. Help will be needed for cooking, cleaning, and preparing the Tsok. There are sponsorship opportunities for breakfast, lunch, dinner, tea, and for the daily Tsok offerings. Please let us know any ways you can assist or contribute during this practice. If you can help with the meals, we will schedule someone to be on hand to assist the practitioners. Please leave a message on the KDK office line at (415) 752-5454 (press # to skip message), or donate via PayPal: [http://KDK.org/event\\_reg.html](http://KDK.org/event_reg.html). For tea/meal sponsorships, you can Email Lama Choying directly at richard.temps@gmail.com; for general questions, please leave a message on the KDK Office line. If you have received the Mahakala initiation and would like to join in the practice, contact Lama Choying for the sadhana.

